



**Connecticut Dermatology and  
Dermatologic Surgery Society  
Regional Scientific Meeting & Skin Expo**

**Registration Packet  
Thursday, November 11, 2021**

**Program Hours 4:30 - 7:15 pm  
Virtual Exhibit Hall 2:30 - 4:00 pm and 7:30 - 9:00 pm**

## Dermatology AGENDA 11-11-2021

2:30 pm Vendor Hall Open

**Sponsored Talk - abbvie** *In Vendor Hall 2:30 - 3:00 pm*

\* Clearer Horizons Charting Long Term Results for SKYRIZI for Adult Patients with Moderate to Severe Plaque Psoriasis

– Mike Payette, M.D.

**Sponsored Talk - SANOFI GENZYME** *In Vendor Hall 3:00 - 3:30 pm*

\* Deliver Proven Results, Celebrate Lasting Relief For Patients ~ 6 Years of Age With Uncontrolled Moderate-to-Severe Atopic Dermatitis

– Brittany Craiglow, M.D.

Thursday November 11 – Moderator: Omar Ibrahimi, M.D.

4:00 pm Business Meeting, Election of Officers - Jeremy Moss, M.D., President

5:00 pm Get to know JAK: JAK Inhibitors for Atopic Dermatitis

– Brett King, M.D.

*Objectives: 1. Identify and describe an emerging class of medications, JAK inhibitors, that will be important for the treatment of AD 2. Understand the data for JAK inhibitors in the context of dupilumab and traditional therapies*

5:30 pm Ethics of Mask Wearing and Vaccinations in the Era of COVID

– Jane Grant-Kels, M.D.

*Objectives: 1. Basic definitions and concepts in the field of dermatoehtics will be reviewed as they apply to this issue. 2. Ethical arguments that favor wearing masks and getting vaccinations include contractualism or social contract ethics, utilitarianism or consequentialism ethics, deontology (moral value and rule following), and medical principlism (especially beneficence, non-maleficence and justice) 3. Ethical arguments against these types of mandates include autonomy, moral relativism and paternalism.*

6:00 pm Melanoma in Pregnancy

– Jane Grant-Kels, M.D.

*Objectives: 1. Melanocytic nevi do not change in any significant way during pregnancy 2. Melanoma does not occur more frequently or behave more aggressively during pregnancy 3. Birth control pills and hormone replacement therapy does not significantly impact prognosis in women who have had melanoma*

6:30 pm Keynote Speaker - Safely Treating Darker Skin Types with Lasers and Energy Based Devices – Nazanin Saedi, M.D., Department Co-Chair of our Laser and Aesthetics Surgery Center

*Objectives: 1. Understanding appropriate device selection and cooling for darker skin types. 2. Understanding parameters that can allow you safely treat darker skin types.*

7:00 pm Covid Vaccination, Treatment, Prevention of Transmission in the Office Setting

– Mark Russi, M.D.

*Objectives: 1. To review current treatments and preventions for Covid-19 2. To review vaccination requirement policies for employees and describe prevention methods of Transmission in the Office.*

7:15 pm Adjournment and Door Prizes

This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of CSEP and The Connecticut Dermatology & Dermatologic Surgery Society. CSEP is accredited by the CSMS to provide continuing medical education for physicians.

CSEP designates this educational activity for a maximum of 2.25 credit hours in category I credit toward the AMA Physicians Recognition Award.

Each physician should claim only those hours of credit that he/she spent in the activity.

**Sponsored Talk - Pfizer** *In Vendor Hall 7:45 - 8:30 pm*

**eucrisa**  
crisaborole ointment 2%

**Steroid-Free EUCRISA: A Treatment Option for Mild-to-Moderate Atopic Dermatitis in Patients Aged 3 Months and Older – Rebecca Lynn Smith, M.D.**

## Moderator Bio



### **Omar Ibrahim, M.D.**

Dr. Omar Ibrahim is the medical director of the Connecticut Skin Institute. He completed his Dermatology training at Harvard Medical School and a fellowship program in Mohs and Reconstructive Surgery, Laser and Cosmetic Surgery at the University of California – Davis. He is well known nationally having been an invited speaker at numerous national meetings, and written extensively about Mohs Surgery, Laser and Cosmetic Procedures. Dr. Ibrahim has published over 65 research articles and book chapters on skin cancer surgery, laser and cosmetic procedures in leading medical journals. He has also performed thousands of cases of Mohs Surgery and Laser and Cosmetic procedures. Dr. Ibrahim previously served as a Visiting Assistant Professor of Dermatology at Harvard Medical School in the Wellman Center for Photomedicine. The Wellman Center for Photomedicine is the world's leading research center where the majority of today's laser and cosmetic technologies were invented and tested. He is an active participant in many clinical trials of new technologies.

## Speaker Bios



### **Jane M. Grant-Kels, M.D., FAAD**

Dr. Grant-Kels is Vice Chair of the Department of Dermatology, Associate Director of the UConn Dermatology Residency Program, Founding Director of the Cutaneous Oncology Center and Melanoma Programs, and Professor of Dermatology, Pathology and Pediatrics at the University of Connecticut School of Medicine. Jane is the founding Chair of the Department of Dermatology at the University of Connecticut, which she led from 1979-2015. She is also the founding Director of the Dermatology Residency Program and the founding Director of the Dermatopathology Laboratory at UConn. She is also Adjunct Professor of Dermatology at the University of Florida. Dr. Grant-Kels attended Smith College and Cornell University Medical College. She then trained in pediatrics and dermatology at Cornell's New York Hospital. Following her residency, she completed a dermatopathology fellowship at New York University with Dr. A Bernard Ackerman. Jane serves on numerous editorial boards related to her field and was the founding Editor-in-Chief of the Journal of Clinical Medicine and the founding Co-Editor-in-Chief of the International Journal of Women's Dermatology. Presently she is Deputy Editor of the Journal of the American Academy of Dermatology and Associate Editor for Dermatology for the Annals of Medicine. She has been elected to be a board member to the following boards: Women's Dermatologic Society Board, Association of Professors of Dermatology Board and American Academy of Dermatology Board of Directors. She was Vice President of the AAD from March 2019 until March 2020. She was the recipient of the Women's Dermatologic Society Rose Hirschler Award in 2018, the AAD Professionalism Award in 2014, as well as AAD Presidential Citations in 2016, 2017 and 2021. The 2021 AAD Presidential citation referred to Jane as "the American Academy of Dermatology's own Ruth Bader Ginsberg, creative and kind". She has also been recently notified that she will be honored by The American Society of Dermatopathology as she has been named the recipient of the 2022 Elson B. Helwig Memorial Lectureship for the 59th ASDP annual meeting. Her areas of interest are pigmented lesions, reflectance confocal microscopy, dermoscopy and dermatoethics. She has published over 400 peer reviewed manuscripts, over 151 chapters, guest edited 22 journals, and edited or co-authored 8 books. She has also delivered over 830 invited lectures. She has been married for over 47 years, has two children and five grandchildren.



### **BRETT KING, M.D.**

Dr. King is Associate Professor of Yale Dermatology, specializing in skin diseases recalcitrant to first-line therapies. He has pioneered the use of Janus kinase (JAK) inhibitors in cutaneous diseases, in particular for alopecia areata, vitiligo, atopic dermatitis, granuloma annulare, sarcoidosis, and erosive lichen planus, in addition to other disorders. Dr. King received his B.A. at the University of California at Santa Cruz, his Ph.D. from Stanford University and his M.D. from Yale University School of Medicine. He completed medical internship at Massachusetts General Hospital and dermatology residency and fellowship at Yale University School of Medicine.

Dr. King is an investigator in numerous clinical trials. He lectures nationally and internationally and publishes extensively.



### **MARK RUSSI, M.D.**

Dr. Russi is a professor of medicine at the Yale Medical School. He graduated summa cum laude from Dartmouth College in 1984, was a Fulbright Scholar, earned his medical degree from the University of California San Francisco, and his public health degree from Yale. He completed both internal medicine residency and occupational and environmental medicine fellowship at Yale, joining the faculty in 1993. He is interested in the occupational medicine of healthcare workers and is active nationally in both guidance development and educational programs to enhance the safety of medical centers. Dr. Russi teaches in several courses at Yale, attends on the internal medicine inpatient service, and directs Occupational Health Services at Yale New Haven Hospital.



### **Nazanin Saedi, M.D.**

Dr. Nazanin Saedi, is the Department Co-Chair of our Laser and Aesthetics Surgery Center. She graduated cum laude from Princeton University with an A.B in Anthropology. She attended The George Washington University School of Medicine, where she graduated with distinction and was elected to the Alpha Omega Alpha medical society. She subsequently completed her residency at the University of California, Irvine where she served as chief resident. Upon completing residency, she completed a fellowship in Cosmetic Dermatology and Dermatologic Surgery at SkinCare Physicians in Chestnut Hill, Massachusetts. After fellowship, she served on faculty at Thomas Jefferson University for 9 years as Co-Director of Cutaneous Surgery and Director of Laser Surgery and Cosmetic Dermatology. She continues to serve as volunteer faculty in the Department of Dermatology at Thomas Jefferson University.



**The Connecticut Dermatology and Dermatologic Surgery Society  
November 11, 2021 Virtual Educational Program**

**CME EVALUATION FORM**

**Physician's Name:** \_\_\_\_\_

**CME Certificates will not be given without completing this form in its entirety**

***Please evaluate the following topics on a scale of 1 to 4 with the following values:***

1 - poor      2 - satisfactory      3 - good      4 - excellent

**Circle One**

1. SUBJECT MATTER OF MEETING      1   2   3   4  
 2. LOCATION      1   2   3   4      4. AUDIOVISUAL      1   2   3   4  
 3. FACILITIES      1   2   3   4      5. SPEAKERS      1   2   3   4

**Get to know JAK: JAK Inhibitors for Atopic Dermatitis – Brett King, M.D.**

Degree to which objectives were met      1   2   3   4  
 Did speaker disclose financial interests in any product or company?      \_\_\_Yes    \_\_\_No  
 Was the presentation fair and balanced?      \_\_\_Yes    \_\_\_No

**Ethics of Mask Wearing and Vaccinations in the Era of COVID – Jane Grant-Kels, M.D.**

Degree to which objectives were met      1   2   3   4  
 Did speaker disclose financial interests in any product or company?      \_\_\_Yes    \_\_\_No  
 Was the presentation fair and balanced?      \_\_\_Yes    \_\_\_No

**Melanoma in Pregnancy – Jane Grant-Kels, M.D.**

Degree to which objectives were met      1   2   3   4  
 Did speaker disclose financial interests in any product or company?      \_\_\_Yes    \_\_\_No  
 Was the presentation fair and balanced?      \_\_\_Yes    \_\_\_No

**Safely Treating Darker Skin Types with Lasers and Energy Based Devices – Nazanin Saedi, M.D.**

Degree to which objectives were met      1   2   3   4  
 Did speaker disclose financial interests in any product or company?      \_\_\_Yes    \_\_\_No  
 Was the presentation fair and balanced?      \_\_\_Yes    \_\_\_No

**Covid Vaccination, Treatment, Prevention of Transmission in the Office Setting – Mark Russi, M.D.**

Degree to which objectives were met      1   2   3   4  
 Did speaker disclose financial interests in any product or company?      \_\_\_Yes    \_\_\_No  
 Was the presentation fair and balanced?      \_\_\_Yes    \_\_\_No

**CT Dermatology and Dermatologic Surgery Society (CDDSS) Mission Statement**

The Dermatology and Dermatologic Surgery Society is committed to advancing the highest standards of eye care through its continuing education activities. The semiannual CDDSS Scientific Education Programs are structured to present recent advances in the diagnosis and treatment of skin disease. The goal of CDDSS educational programs is to protect and improve patients' skin and skin health.

CDDSS Semiannual Scientific Education Programs are an opportunity for dermatologists and their staff to learn, identify and discuss critical issues facing their profession. CDDSS programs present recent advances in the diagnosis and treatment of skin disease, through lectures, panels, symposia, scientific papers and videos. CDDSS programs are designed to meet the clinical and educational needs of its members through the objectives proposed and evaluated by the CDDSS education committee.

CDDSS target audience includes dermatologists, dermatology mid-level providers and office managers. CDDSS educational activities include didactic lectures, panels, posters, videos and participatory activities. These activities are approved for CME credit whenever possible. CDDSS expects that its target audience will incorporate best practices presented in CDDSS educational programs into daily practice. Specific competency, performance and patient outcome goals that result from CDDSS programs are proposed by the presenters, reviewed by the CDDSS educational committee, and evaluated by the target audience participants.

## Competency Questions

### **Safely Treating Darker Skin Types with Lasers and Energy Based Devices – Nazanin Saedi, M.D.**

Question 1. Darker skinned patients are at increased risk of which of the following after laser treatments:

- A. Hyperpigmentation
- B. Hypopigmentation
- C. Scarring
- D. All of the above

Question 2. All of the following are ways to minimize the risk of hyperpigmentation except:

- A. Increase Fluence
- B. Increase wavelength
- C. Reduce Density
- D. Apply cooling

### **Melanoma in Pregnancy – Jane Grant-Kels, M.D.**

Question 1. A woman who is pregnant has been diagnosed with a melanoma. The obstetrician and dermatologist should:

- A. Recommend an immediate termination of the pregnancy
- B. Recommend an immediate termination of the pregnancy and a complete hysterectomy
- C. Recommend treatment of the patient based upon the depth of the melanoma as her prognosis is not significantly altered by her pregnancy.
- D. Explain to the patient that because she developed this melanoma while pregnant her prognosis is severely impacted

Question 2. A woman who has had a melanoma want to go on birth control pills. Her obstetrician and dermatologist should advise her that:

- A. She can never take birth control pills because of her history of melanoma.
- B. Birth control pills are safe but she can never go on hormone replacement therapy when she is older.
- C. Birth control pills are safe despite her history of melanoma.
- D. Only certain types of birth control pills are safe after having a melanoma.

### **Ethics of Mask Wearing and Vaccinations in the Era of COVID – Jane Grant-Kels, M.D.**

Question 1. Virtue based ethics:

- A. Judges morality of an action based on the action's adherence to rules
- B. Suggests that the consequences of one's conduct are the ultimate basis for any judgment about the rightness or wrongness of that conduct
- C. Emphasizes an individual's character as the key element of ethical thinking, rather than rules about the acts themselves or their consequences
- D. Always overlaps with the legal code of conduct
- E. None of the above.

Question 2. Which ethical concerns surround the issues of mask wearing:

- A. Autonomy,
- B. Paternalism
- C. Justice
- D. Non-maleficence
- E. All the above

### **Get to know JAK: JAK Inhibitors for Atopic Dermatitis – Brett King, M.D.**

Question 1. Which cytokines mediate AD pathogenesis?

- A. IL-4
- B. IL-13
- C. IL-31
- D. All of the above

Question 2. Which of the following statements is true?

- A. JAK inhibitors block the activity of certain cytokines, eg IL-4, IL-13, and IL-31
- B. JAK inhibitors modulate the activity of certain cytokines, eg IL-4, IL-13, and IL-31

## Outcome Measurements

Name: \_\_\_\_\_

1. Has this symposium changed the way you will care for patients?  Yes  No
2. Do you believe this symposium will have a positive effect on patient surgical or clinical outcomes?  
 Yes  No
3. Can you offer other speakers or topics that will provide information to improve clinical outcomes at the next meeting?  Yes  No \_\_\_\_\_

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### Connecticut Dermatology Society Financial Interest Disclosure Report November 11, 2021

#### Speaker

#### Financial Interest Received

Omar Ibrahim, M.D.	AbbVie, Accure Acne, Cutera, Lutronic, Blueberry Therapeutics, Organogenesis – <i>Advisory Board</i> ; AbbVie, Johnson & Johnson, Candesant, Cutera, Procter & Gamble, Unilever, Editas, Crisper Therapeutics, Intellia, Moderna, Beam Therapeutics, Pfizer, Revance, General Electric, Anthem, Viatrix, Vertex Pharmaceuticals, Vivene, Regeneron, AVAVA Medical, Accure Acne, Ginkgo Bioworks Holdings, Blueberry Therapeutics, Quthero – <i>Stockholder</i> ; American Society for Dermatologic Surgery, American Society for Lasers in Surgery and Medicine, Blueberry Therapeutics (Observer)
Jane Grant-Kels, M.D.	None
Brett King, M.D.	AbbVie, AltruBio Inc, Almirall, AnaptysBio, Arena Pharmaceuticals, Bioniz Therapeutics, Bristol-Meyers Squibb, Concert Pharmaceuticals Inc, Equillium, Horizon Therapeutics, Eli Lilly and Company, Incyte Corp, Janssen Pharmaceuticals, LEO Pharma, Otsuka/Visterra Inc, Pfizer Inc, Regeneron, Sanofi Genzyme, Sun Pharmaceutical, TWi Biotechnology Inc, Viela Bio, and Ventyx Biosciences Inc.- <i>Advisory boards and/or is a consultant and/or is a clinical trial investigator and/or is on a Data Monitoring</i> ; AbbVie, Incyte, Eli Lilly, Pfizer, Regeneron and Sanofi Genzyme-Speaker Bureaus Committee; iologicsMD- <i>Scientific Advisor</i> .
Mark Russi, M.D	None
Nazanin Saedi, M.D.	None

## Sponsored Speakers Non-CME Bios



#### Brittany Craiglow, M.D.

Dr. Craiglow is Adjunct Associate Professor of Dermatology at Yale and sees patients in private practice in Fairfield, CT. She is a widely recognized expert in pediatric dermatology. Dr. Craiglow has authored over sixty publications, speaks at national and international conferences, and has served as an investigator on numerous clinical trials. Her clinical areas of expertise include alopecia, atopic dermatitis and inherited disorders of keratinization. She has particular interest in medical therapeutics and health-related quality of life.



#### Mike Payette, M.D.

Dr. Payette received his B.A. in Biochemistry from Dartmouth College in 2002. In 2008, Dr. Payette earned both his M.D. and M.B.A. from the University of Connecticut School of Medicine (UConn), where he continued to complete his dermatology residency in 2012. Prior to co-founding Central Connecticut Dermatology (CCD).



#### Rebecca Lynn Smith, M.D.

Dr. Smith is board certified in both general dermatology and pediatric dermatology. She graduated summa cum laude from Judson College in Marion, Alabama, majoring in chemistry and biology and earning a bachelors of science degree with distinction. Dr Smith attended medical school at Baylor College of Medicine in Houston, Texas where she graduated with highest honors and was elected a member of the Alpha Omega Alpha National Medical Honor Society. Following medical school, Dr Smith completed a pediatric internship at Baylor, then her dermatology residency at the Medical University of South Carolina in Charleston.

With a background emphasis on clinical research, Dr Smith is well published. She has authored and coauthored numerous articles for various peer-reviewed medical journals, including the *Journal of the American Academy of Dermatology*. She also contributed to textbook chapters in *Clinical Dermatology*, *the Nelson Textbook of Pediatrics*, and *the Textbook of Pediatric Infectious Diseases*.

Dr Smith is a frequent speaker at medical education functions targeting audiences of consumers, peers, and colleagues in the medical profession. She has held medical licenses and practiced dermatology in Washington State, North Carolina (NC), and South Carolina. She was voted as a member of "Charlotte Top Docs" in multiple editions of *Charlotte Magazine* where Charlotte, NC providers were asked where they would refer their family and patients for medical services.

# Connecticut Dermatology and Dermatologic Surgery Society Virtual Series Program



November 11, 2021

Member Physician: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ FAX: \_\_\_\_\_

\*Email: \_\_\_\_\_

*\* Email is necessary to send Zoom Link*

\_\_\_\_\_ **CDDSS Member Physician - \$25.00 if registered by October 28, 2021**

**After October 28, 2021 \$45\***

\_\_\_\_\_ **Non-Member Physician - \$50.00\***

\_\_\_\_\_ **PA or APRN employed by Member Physician - \$50.00\***

\_\_\_\_\_ **\*All Registrations after October 28, 2021, please add \$20.00 Late Fee**

This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of CSEP and The Connecticut Dermatology & Dermatologic Surgery Society. CSEP is accredited by the CSMS to provide continuing medical education for physicians. CSEP designates this educational activity for a maximum of 2.25 credit hours in category I credit toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.

Suggested topics or speakers that you would like CDS to offer: \_\_\_\_\_

Please mail this form to:

CDS, P.O. Box 1079, Litchfield, CT 06759 Tel. 860-567-4911

or fax to: 860-567-3591 or email Debbie Osborn at [debbieosborn36@yahoo.com](mailto:debbieosborn36@yahoo.com)

**Attendees will receive a FREE 3M V-Flex N-95 model 1804 mask ONLY if their home address below is completed. You need to REGISTER by October 28, 2021 and ATTEND on November 11, 2021**

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